



HARMONY HRT Hormone and Thyroid Optimization Treatment Packages

Annual Membership Packages – renewed every 12 months

Personalized Hormone Care Designed Around You

At Harmony HRT, we understand that every patient's hormone wellness journey is unique. Our annual membership packages provide ongoing medical support, comprehensive laboratory monitoring, medication management, and direct access to your care team.

Save Thousands on Laboratory Testing

A comprehensive hormone and thyroid lab panel often costs **\$1,300 to \$2,500 per panel** through traditional healthcare systems. Harmony members receive deeply discounted laboratory testing, potentially saving thousands of dollars.

All Annual Membership Packages Include

- ✓ Comprehensive hormone and thyroid lab review
- ✓ Medication management
- ✓ Prescriptions and refills sent to your pharmacy of choice
- ✓ Unlimited secure patient portal access and communication with your specialty medical team
- ✓ 10% discount on non-discounted Harmony services and family memberships
- ✓ \$100 off Harmony in Motion Consultation

Quick Package Comparison

Packages	#1 Essential Care	#2 Standard Care	#3 Comprehensive Care
Best For	Stable, maintenance annual patients	Most annual patients	Annual patients needing extra support and medication adjustments, patients already on hormone care coming from another facility.
Appointments Included	1	2	3
Lab Panels Included	1	Up to 2	Up to 3
12 Month Payment Plan: (12 payments) Auto deducted from your debit or credit card each month.	\$69	\$106	\$142
Pay in Full	\$702	\$1,154	\$1,589 <i>(BEST VALUE!)</i>

Outside Lab Option

Receive **20% Off Membership Pricing**

Patients are responsible for:

- Obtaining required laboratory orders from Harmony
- Completing labs before appointments
- Providing all laboratory results at least two weeks prior to scheduled appointments

Appointments may need to be rescheduled if laboratory results are not received in time for provider review.

Additional HRT appointments if needed: 20 min Telehealth: \$235



★ **Option 1 – Essential Care Package**

For Established Maintenance Patients

Available only for patients who:

- Patient has been on maintenance care for at least 1 year
- Have not recently changed medications
- Expected by their Harmony provider to need minimal follow-up

Includes:

✓ 1 required in-person annual hormone wellness appointment

✓ 1 comprehensive in-house hormone wellness lab panel

Pricing

Pay in Full: \$702 (Saves \$126)

12 Month Payment Plan: \$69/month

★★ **Option 2 – Standard Care Package**

Best for Most Patients

- Perfect for routine annual monitoring and moderate support.

Includes:

✓ 2 HRT Wellness Appointments annually

✓ 1 required in-person annual wellness appointment

✓ 1 follow-up appointment (telehealth or in-person)

✓ Up to 2 comprehensive in-house hormone wellness lab panels

Pricing

Pay in Full: \$1,154 (Saves \$118)

12 Month Payment Plan: \$106/month

★★★ **Option 3 – Comprehensive Care Package**

Best Value | Most Comprehensive Support

Recommended for patients who:

- Require medication adjustments often
- New Patients to Harmony that are already on Hormone Treatment from another facility.
- Need closer monitoring, symptoms are not balanced yet.
- Have not yet reached maintenance status

Includes:

✓ 3 HRT Wellness Appointments annually

✓ 1 required in-person annual wellness appointment

✓ 2 follow-up appointments (telehealth or in-person)

✓ Up to 3 comprehensive in-house hormone wellness lab panels

Pricing

Pay in Full: \$1,589 (Saves \$115)

12 Month Payment Plan: \$142/month