

SMS Terms & Conditions

1. SMS Consent Communication

The phone numbers obtained as part of the SMS consent process will not be shared with third parties or affiliates for marketing or promotional purposes.

2. Types of SMS Communications

If you have consented to receive text messages from Harmony HRT, you may receive messages related to the following:

- Appointment reminders
- Follow-up messages
- Billing notifications
- Customer care communications

Example:

"Hello, this is a friendly reminder of your upcoming appointment with Dr. Bratteli at Harmony HRT on May 5 at 10:00 AM. You can reply STOP to opt out of SMS messaging from Harmony HRT at any time."

3. Message Frequency

Message frequency may vary depending on the type of communication. For example, you may receive up to **5 SMS messages per week** regarding appointments, billing, follow-up care, or account-related communications.

Example:

"Message frequency may vary. You may receive up to 5 SMS messages per week regarding your appointments or account status."

4. Potential Fees for SMS Messaging

Standard message and data rates may apply depending on your mobile carrier's pricing plan. These charges may vary if messages are sent domestically or internationally.

5. Opt-In Method

You may opt in to receive SMS messages from Harmony HRT by:

- Submitting an online consent form.
- Providing verbal consent to a Harmony HRT staff member over the phone. Verbal consent will be documented in your patient record.

6. Opt-Out Method

You may opt out of receiving SMS messages at any time by replying **STOP** to any SMS message you receive.

Alternatively, you may contact Harmony HRT directly at **970-639-2677** to request removal from our SMS messaging list.

7. Help

If you are experiencing any issues, reply **HELP** to any SMS message or contact Harmony HRT directly at **970-639-2677**.

Additional Options:

- If you do not wish to receive SMS messages, simply do not check the SMS consent box on our online forms or notify our staff that you do not wish to receive text communications.

8. Standard Messaging Disclosures

- Message and data rates may apply.
- You can opt out at any time by replying **STOP**.
- For assistance, reply **HELP** or visit Harmony HRT's **Privacy Policy** and **Terms & Conditions** pages at **harmonyhrt.com**.
- Message frequency may vary.